

Assigned Warm-Up Schedule

Developmental Meet (Friday)

Warm -Up 3:30 - 4:30 PM

<u>School</u>	<u>Pool</u>	<u>Lane(s)</u>	<u>swimmers</u>
Berean Christian School	Comp.	1	14
Calvary Chapel Academy	Comp.	2	7
Doral Prep Firebirds	Comp.	2 & 3	20
Carrollwood Day School	Comp.	4	11
Cornerstone Charter Academy	Comp.	5 & 6	24
Jupiter Christian School	Comp.	6	6
Frostproof Middle-Senior High	Comp.	7	9
The Bolles School Bulldogs	Comp.	7 & 8	22
Jensen Beach High School	Comp.	9 & 10	23
Lake Mary High School	Comp.	10 & 11	23
Key West High School	Comp.	12 & 13	26
Lake Placid	Comp.	14, 15, & 16	32
Port Charlotte High School	Comp.	16	11
South Fork High School	Comp.	17 & 18	28
			<u>256</u>

Notes (both meets):

"Comp" lanes are in the 50m pool. "Shallow" lanes are in the warmup pool.

Lanes are numbered 1 to 20 (Comp) and 1 to 6 (Shallow) from the NE side (entry gate end) to the diving end.

No diving during assigned warm-up. **Step in only.**

No diving at any time in the warmup pool or in warmup/warm down lanes during the meet.

Relay exchanges may be practiced **under the direct supervision of a team's coach**, if all coaches sharing a lane agree, and, the lane is not being used for laps.

Invitational Finals - Warmup is only for finals swimmers. Lanes will not be assigned.

The last half hour in the "finals" lanes will be controlled.

Bold and red lanes are shared. Please cooperate.

Invitational Meet (Saturday)

Warm-Up 6:30 - 8:00 AM

<u>School</u>	<u>Pool</u>	<u>Lane(s)</u>	<u>swimmer</u>	<u>School</u>	<u>Pool</u>	<u>Lane(s)</u>	<u>swimmers</u>
Doral Prep Firebirds	Comp	1 & 2	26	The King's Academy	Comp	15 & 16	27
Suwannee High School	Comp	2	2	Jupiter Christian School	Comp	17	10
Wolfson High School	Comp	3 & 4	22	Lehigh High School	Comp	17	5
Holy Trinity Episcopal Academ	Comp	4	7	South Fork High School	Comp	18	12
Saint Petersburg Catholic	Comp	5	9	Dunbar High School Swim Team	Comp	18	2
Baker County High School	Comp	5	4	Tarpon Springs High School	Comp	18	1
Titusville High School	Comp	5 & 6	17	Montverde Academy	Comp	19 & 20	20
The Bolles School Bulldogs	Comp	7, 8 & 9	37	Fort Myers High School	Comp	20	8
Vero Beach High School	Comp	9	4	Providence Swim Team	Warmup	1	15
Space Coast Jr/Sr High Schoo	Comp	10	14	Lake Placid	Warmup	2	16
Lake Mary High School	Comp	11 & 12	20	Key West High School	Warmup	3	14
Jupiter High School	Comp	12	11	Carrollwood Day School	Warmup	4	13
Jensen Beach High School	Comp	13 & 14	21	Satellite High School	Warmup	5	16
Port Charlotte High School	Comp	14	8	Cornerstone Charter Academy	Warmup	6	10
			<u>202</u>				<u>169</u>

3:30 - 4:00 Friday PM and 8:00- 8:30 Saturday AM - The Competition Pool will be Available for Racing Starts from the Blocks